

Everyone  
experiences some  
sort of pain  
in their lives



It can take the form of a stress – induced headache, a muscle group strained from sports activities, or the result of an injury at work or automobile accident. For some, pain can be chronic in nature and something they live with on a daily basis.

Pain is the most common symptom for which individuals seek medical help. Acute pain can easily evolve into chronic pain, which can become difficult to treat. Commercially available pain medications often cause drowsiness, dizziness or stomach discomfort – and those taking these medications learn to accept these conditions as part of daily life.



Professional Compounding  
Chemists of Australia

For more information  
please contact:

Your local compounding pharmacist:



**Wickham House Compounding Pharmacy**

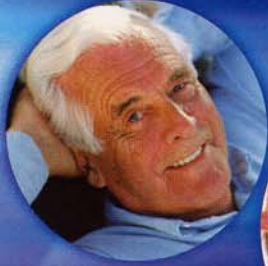
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pain can lock you  
out of life...

...but it doesn't  
have to.



# Compounding for pain management - personalised relief



## The Compounding Solution

Struggling through chronic pain problems like arthritis, fibromyalgia, migraine headaches and nerve and muscle pain does not have to be a daily activity. There's a better solution: pharmacy compounding, a customised option for pain medication.

## What Is Compounding?

Compounding is the art and science of preparing customised medications for patients. Its resurgence in recent years provides valuable benefits to those for whom pain management has become a way of life. Every individual is unique, and the types of pain experienced can be equally diverse. By working with a compounding pharmacist, your doctor can prescribe treatments tailored specifically for your pain management needs.

## Alternate Dosage Forms

Many commonly prescribed pain relief medications help the symptoms associated with

chronic conditions such as arthritis, but they can also result in stomach irritation and other unwanted side effects. Compounding can provide alternate methods of delivery by combining the ingredients of traditional oral pain medications in a topical gel, cream, or spray form that can be applied directly to the site of the pain. For migraine sufferers, pain medication may be administered through nasal sprays or flavoured troches or lozenges. These dosage forms bypass the gastrointestinal tract, providing optimal results with less GI irritation.

## Combined Formulations

Often, fibromyalgia patients are placed on a variety of medications to take care of all the symptoms associated with the disease. On many occasions, these multiple products can be eliminated by a specially prepared compound that combines several medications into a single topical gel, ready to be applied directly to affected areas.

## Strength Variations

Because patients vary in size, symptoms and pain

tolerance, commercially available medications often do not provide an appropriate dosage strength. Through compounding a doctor and pharmacist can customise a medication to the exact amount needed by the patient.

Pain can be debilitating whether it's acute muscle or nerve pain resulting from an accident, or a chronic condition such as arthritis or fibromyalgia. Pharmacy compounding is effective in providing relief with potentially fewer side effects and less overall medication.

**THROUGH COMPOUNDING, THE RELIEF OF PAIN CAN BE CUSTOMISED TO YOUR SPECIFIC NEEDS.**

**Ask your doctor or pharmacist today about the benefits of personalised compounding.**

